

Van Beek Family Dentistry

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Patient instructions for IV Sedation

Here is a list of things you should be aware of before coming for your appointment.

Before your appointment:

- Arrive at least 15 mins prior to your dental appointment. Bring a book to read or music to listen to help you relax and feel comfortable.
- Do not have anything to eat 8 hours before your appointment.**
- You may consume a small glass of **clear** fluid 4 hours before your appointment. (example: apple juice)
- You must arrange to have someone accompany you home at the end of your appointment. **>You cannot drive yourself home. <**
- You (or parent/guardian) must sign a consent form that pertains to your treatment / IV Sedation.
- Accompanying adult will not be granted access in the procedure room unless otherwise stated.
- Wear comfortable, loose fitting, casual clothing.
- If you are taking any medications for high blood pressure, diabetes or any other medical conditions. Be sure to take all your medication as you normally would, unless the dentist informs you otherwise.
- Make a trip to the washroom just prior to being seated.

After your appointment:

- Go directly home and remain there for the rest of the day
- Do not attempt to perform any strenuous or work type of activity.
- Remain with the responsible adult until you are fully alert.
- Do not attempt any business transactions or enter into any contracts which require decision making or mental acuity
- Do not attempt to eat a heavy meal. If you are hungry, a light meal is advisable.
- If you feel nauseated, lie down or drink a sugar containing carbonated beverage. If the nausea does not subside please contact Dr. van Beek for further instruction.
- Do not drive a motor vehicle, operate any machinery, or perform any other hazardous tasks for the remainder of the day.
- Do not drink any alcoholic beverages for the rest of the day.
- Take the following medications as prescribed:
 - (1) _____
 - (2) _____
 - (3) _____

Cell Phones/Video recording:

Absolutely no cell phones / recording devices are allowed in the office / on the patient at any time during the procedure.

Please do not hesitate to call our office at 519-524-9655 with any questions or if you experience ANY unusual problems.

Signature: _____

Date: _____

Witness: _____

Date: _____